

Thrive!

Week Ten: Confession

Sunday:

The need for confession and forgiveness

Isaiah 59:1-9, Romans 3:10-18

Monday:

The promise of forgiveness

Jeremiah 31:34, Ephesians 1:7

Tuesday:

The assurance of forgiveness

1 John 1:5-10

Wednesday:

Jesus our Savior, Mediator and Advocate

2 Corinthians 6:21, 1 Timothy 2:5,

Thursday:

A parable of confession

Luke 15:11-24

Friday:

Authority and forgiveness

John 20:21-23

Saturday:

The ministry of the Christian Fellowship

James 5:13-16

Daily Scripture Readings

The awesome God we worship is eager to forgive us.

Read: **Psalm 103**

You have probably heard the saying, "Confession is good for the soul."

Why is that? Read: **1 John 1: 5-10; 2:1-2**

Sin often comes packaged in ways that make it hard for us to identify. To really appreciate what confession does for us, we need to see what sin does to us. Ponder for a moment what sin is and how it affects our lives.

Do you think you take your sins too seriously, too lightly, or do you feel you have a proper perspective on it? Please explain.

Read: Psalm 32:1-2 and 6

What is God's part and what is your part in the confession process?

Read: James 5:16

How do you feel about this instruction?

Relieved, embarrassed, thankful, uncomfortable, not sure what to think?

Have you ever confessed a sin to a trusted believer and received prayers? Why did you feel the need to do so? Has anyone ever betrayed your trust?

How can confession benefit you in healing past wounds?

When you feel the need to confess a sin and seek the support and love of a Christian friend, to whom would you go (what qualities does the person have)?

What would you say and how would you react if a Christian friend asked you if he/she could confess a sin to you? How would you prepare yourself?

Challenge:

Examine your life in regards to confession. Are there sins in your life you confessed to God, but a persistent doubt of forgiveness plagues your life? You don't feel released from that sin. You still feel hurt. You feel misery and bitterness. Prayerfully consider whether you should confess this sin or hurt to a trusted fellow Christian, so God can show you His love and support through one of His children.

