

Thrive!

Week Four:
Bible Study

Daily Scripture Reading

Sunday

The call to study / Proverbs 1:1-9; 23:12,23

Monday

The source of truth / James 1:5; Hebrews 4:11-13; 2 Timothy 3:16-17

Tuesday

What to study / Philippians 4:8-9; Colossians 3:1-17

Wednesday

The value of study / Luke 10:38-42

Thursday

Active Study / Ezra 7:10; James 1:19-25

Friday

Study in evangelism / Acts 17:1-3, 17:10-12, 19:8-10

Saturday

The study of a nonverbal book / Proverbs 24:30-34

Supplemental Questions

In the spiritual discipline of study, we engage ourselves, above all, with the Word of God. In Romans 12:2 the apostle Paul tells us that we are transformed through the renewal of the mind. The discipline of study is an important vehicle by which our minds are renewed by those things that are important to God.

1. Why does study more fully bring about the purpose of the spiritual disciplines, which is the transformation of the individual?

2. What does study do that the other disciplines do not?

Read John 8:32

3. Of the 4 steps to study, which do you feel is most important in bringing about transformation in an individual? (repetition, concentration, comprehension, and reflection)

4. In your own words, describe what "study" means to you, and what it does not mean.

5. Outside the Bible, what book, teacher, lecture, etc. have had the most profound impact on your spiritual life?

Read 2 Timothy 3:14-17

6. Have you ever had the experience that after careful, analytical, serious study you changed your actions, opinion or even life style? Please share an example with the group.

7. In the Old Testament, the Israelites were instructed to write the laws on gates and doorposts and bind them to their wrists so that "they shall be as frontlets between your eyes" ([Deut. 11:18](#)). The purpose of this instruction was to direct their minds repeatedly and regularly towards God, and His instructions on human relationships. Today, we no longer take part in that practice. But how can we discipline ourselves to regularly and repeatedly study God's words to make it easier for his laws to be written in our hearts?

8. We live hectic, busy lives, and we are often pulled in many different directions. How can we positively encourage one another in the discipline of study?