



A Fruitful Life

Growing Character Through the Spirit

"Clearing the Field: Running Unhindered"

Lesson 1: *“What is Spiritual Growth”*
Galatians 5:16-26

Lesson 2: *“Life in the Spirit”*
John 15:1-8



WHY NO GROWTH?



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“The soil is too crowded!”



PART 1: THE SETTING

Surrounded by witnesses



PART 2: THROW OFF EVERYTHING THAT HINDERS



PART 3: THE SIN THAT SO EASILY ENTANGLES



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Entangling Sin Is a Pattern



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Entangling Sin Has Familiar Triggers



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Why This Matters for the Fruit of the Spirit

PART 4: RUN WITH PERSEVERANCE

Perseverance means steady endurance under pressure.



PART 5: FIXING OUR EYES ON JESUS



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Jesus is the author



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Jesus is the author

Jesus is the perfecter



PART 6: CONNECTING THIS TO THE FRUIT OF THE SPIRIT



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Fruit cannot grow in cluttered soil.



PART 6: CONNECTING THIS TO THE FRUIT OF THE SPIRIT

Clear the field

Lighten the load

Fix your eyes



PART 7: PRACTICAL APPLICATION



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1. What weight do I need to throw off?



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- 1. What weight do I need to throw off?**
- 2. What recurring sin keeps entangling me?**



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- 1. What weight do I need to throw off?**
- 2. What recurring sin keeps entangling me?**
- 3. Where has my focus shifted away from Jesus?**



PART 7: PRACTICAL APPLICATION

1. What weight do I need to throw off?

2. What recurring sin keeps entangling me?

3. Where has my focus shifted away from Jesus?

Write down one concrete action for this week.



