

A Fruitful Life

JOY

WHERE WE'VE BEEN



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"The fruit of the Spirit is love, joy..."

Galatians 5:22

HAPPINESS VERSUS JOY



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First — when people are celebrating what Jesus has done to save us.

Second — when believers are living with strong hope in what Christ will do.

Third — when they are walking through suffering.

JOY BEGINS WITH JESUS

Then John's disciples came and asked him, "How is it that we and the Pharisees fast often, but your disciples do not fast?"

Jesus answered, "How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast.

Matthew 9:14-15

JOY BEGINS WITH JESUS

- *The blind received sight.*
- *The lame walked.*
- *The sick were healed.*
- *The outcasts were welcomed.*
- *The broken were restored.*
- *And most importantly — the lost were found.*

JOY BEGINS WITH JESUS

Luke 15:

- *A lost sheep.*
- *A lost coin.*
- *A lost son.*

JOY BEGINS WITH JESUS

*“For this my son was dead, and is alive again;
he was lost, and is found.”*

Luke 15:24

JOY AND ABIDING IN CHRIST

“As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.”

John 15:9-11

JOY IN THE MIDDLE OF AFFLICTION

A vibrant, stylized illustration of various fruits including pineapples, bananas, grapes, strawberries, kiwis, and oranges, set against a dark, semi-transparent background. The fruits are rendered in a flat, illustrative style with bold outlines and a rich color palette. The overall composition is dense and celebratory, contrasting with the somber text overlay.

JOY IN THE MIDDLE OF AFFLICTION

I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

Philippians 4:10-13

JOY IN THE MIDDLE OF AFFLICTION

"sorrowful, yet always rejoicing."

2 Corinthians 6:10



JOY IS A FRUIT, NOT A PERFORMANCE

*“Rejoice in the Lord always;
again I will say, rejoice.”*

Philippians 4:4

WHAT JOY IS AND ISN'T

Joy is ...

Confidence

Assurance

Hope

Strength

The Holy Spirit

WHAT JOY IS AND ISN'T

Joy is ...

Confidence

Assurance

Hope

Strength

The Holy Spirit

Joy is not ...

Pretending

Emotion

Hype

Denial

HOW DO WE ACTUALLY CULTIVATE JOY?

The background of the image is a dense, colorful illustration of various fruits. It includes several pineapples with their characteristic diamond-patterned skin and green leafy crowns. There are bunches of dark purple grapes, bright red strawberries with green leaves, and slices of kiwi showing their green flesh and black seeds. Other fruits visible include yellow bananas, orange slices, and blueberries. The overall style is a flat, illustrative aesthetic with a dark, muted color palette for the background, making the individual fruit colors stand out.



HOW DO WE ACTUALLY CULTIVATE JOY?

Remember the Gospel

HOW DO WE ACTUALLY CULTIVATE JOY?

Remember the Gospel
Practice Thanksgiving

HOW DO WE ACTUALLY CULTIVATE JOY?

Remember the Gospel
Practice Thanksgiving
Stay in Community

HOW DO WE ACTUALLY CULTIVATE JOY?

Remember the Gospel

Practice Thanksgiving

Stay in Community

Fix Your Eyes on Eternity

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Fix Your Eyes on Eternity

Pray Honestly

A Fruitful Life

JOY