

Thrive!

Week One:
Jesus Wants You to THRIVE!

Daily Scripture Reading

Sunday:

*The Longing to go deeper / **Psalm 42***

Monday:

*The slavery of ingrained habits / **Psalm 51***

Tuesday:

*The slavery of ingrained habits / **Romans 7: 13-25***

Wednesday:

*The bankruptcy of outward righteousness /
Philippians 3:1-16*

Thursday:

*Susceptibility to sin / **Proverbs 6:16-19***

Friday:

*Susceptibility to sin / **Romans 6:5-14***

Saturday:

*The victory of Spiritual Discipline / **Ephesians 6:10-20***

Supplemental Questions

1. It had been said "superficiality is the curse of our age".

Do you agree or disagree with that statement?

Look up the definition of **superficial | adjective**

2. From 1 - 10, how would you rate the depth of your spiritual life? (1 - mediocre 10 - awesome)

1	2	3	4	5	6	7	8	9	10

3. What do you think about the three things mentioned in Sunday's message? (Misunderstanding about Possessions, Position, and Patterns of Behavior)

4. What are the purpose of Spiritual Disciplines?

5. What do you think are the primary requirements to begin this journey?

What is keeping you from fulfilling those requirements.

6. We can not free and purify our hearts by simply exerting our will.

Then why attempt to be disciplined?

7. If you were walking along a narrow ledge on a building, which side are you more likely to fall from? How does leaning toward the building compare to the decision to practice spiritual disciplines?

8. Which of these 7 pitfalls do you see having a problem with?

- Turning convictions into law!
- Overlooking social implications
- Seeing disciplines as virtuous in themselves
- Focusing on the discipline instead of Christ
- Elevating one disciple over another
- Studying but not putting into practice